

## PK Cafe Menu Term 4 2020

Items highlighted in **GREEN** = everyday choices. Items highlighted in **AMBER** = occasional choices

EVERYDAY SNACKS	
Boiled Egg	** \$1.00
Cheese & Crackers x 2	* \$1.00
Cheesie	* \$1.50
Fruit Salad	** \$1.00
Pikelets x3	* \$1.00
Popcorn	* \$1.00
Vege Sticks & Dip	** \$1.00
Yoghurt	** \$1.00

Available at RECESS ONLY	
Twisted Frozen Yoghurt	** \$2.50
Twisted Licks Fruit Ice Block	** \$2.00
Bulla Ice Cream Tub	** \$2.00
Bulla Frozen Yoghurt	** \$1.50
Muffin	* \$1.00

DRINKS	
Available at LUNCH & RECESS	
Water 600ml	** \$1.50
Brownes Flavoured Milk 300ml	** \$3.00
* Chocolate	
* Spearmint	
* Banana	
* Strawberry	
Plain HiLo Milk 225ml	** \$2.00
Sipahh Straw	** \$1.00
DRINKS available at RECESS ONLY	
Tropical Juice	** \$2.00
Orange Juice	** \$2.00
Apple Juice	** \$2.00

- \* Vegetarian Option
- \* Gluten Free Option

LUNCH ORDERS available Wed, Thurs, Fri	
Toasted Cheese Sandwich	\$3.00
Toasted Cheese & Ham Sandwich	\$4.00
(add tomato, onion, mustard 50c each)	
Chicken Nuggets (4), Vege Sticks & Fruit	* \$5.00
Penne Bolognaise	\$5.00
Mac & Cheese	* \$5.00
Vegemite & Cheese Sandwich	* \$2.50
Ham & Salad Sandwich	* \$3.50
(with lettuce, carrot, tomato, cucumber)	
Free Range Egg Mayo & Lettuce Sandwich	* \$3.50
Add Cheese, Egg, Mayo, Mustard 50c each)	

WEDNESDAY ONLY		
Chicken Tender Salad Wrap	*Large	\$6.00
(Chicken Tenders, lettuce, carrot, tomato, cucumber)		
Ham & Salad Wrap		\$5.50
Ham, lettuce, carrot, tomato, cucumber)		
Salad		
(Lettuce, carrot, tomato, cucumber)		
	ber)Small	** \$3.00
	Large	** \$4.50
Egg Mayo Pasta Salad	Small	* \$4.00
(egg mayo, pasta, grated carrot and celery)		
	Large	* \$5.50

THURSDAY ONLY	
Ham and Cheese Pizza	\$4.00
Loaded Jacket Potato	
(with light sour cream, cheese, corn & chives)	
	** \$4.50

FRIDAY ONLY	
Mrs Macs Cruiser Beef Pie	\$4.00
Mrs Macs Sausage Roll	\$3.50
Tomato Sauce	\$0.50

### ORDERING & COLLECTION

Canteen will be open Monday from 8.15am - 12pm **(Separate menu)**  
 Canteen is open 8:15am to 2:00pm, every Wednesday, Thursday and Friday.  
 All lunch orders must be placed at the canteen or emailed by **9.00am SHARP**

**Please email [portkennedycafe@gmail.com](mailto:portkennedycafe@gmail.com)**

Pay using cash or a direct deposit to:-

**A/C Name: PKPS Canteen, BSB: 036 094, A/C Number: 204702**

Alternatively, head to [www.quickcliq.com.au](http://www.quickcliq.com.au) to order online. Cut-off time is 9am.

### CANTEEN INFORMATION

Our menu promotes healthy food and drink choices in public schools by using the "Traffic Light" System.

If you would like to volunteer in our friendly canteen, then please just let us know.

Thank you for supporting Port Kennedy Primary School Canteen ☺

(updated 21/09/20)