

FREE, FUN KIDS PROGRAM



Join your next **FREE** local program at Mike Barnett Sports Complex

DO YOU HAVE KIDS 7-13 YEARS OLD? ARE YOU WORRIED ABOUT THEIR WEIGHT?

The Better Health Program is a fun, interactive 10 week healthy lifestyle program for families. In a supportive and friendly environment, children become fitter, healthier and happier.

PLACES ARE LIMITED! FIND OUT MORE OR REGISTER NOW FOR TERM 1 2018:



Call us: 1300 822 953



Text us: 0409 745 645



Online: www.betterhealthprogram.org

Starts: January 7th, 2018

Day: Wednesday

Time: 4-6pm

betterhealthprogram
healthy active happy kids



PARTNER